

# Do you or anyone you know need help?

**Help Me With It** is a new online platform that brings together Seekers and Helpers. Seekers need help. Volunteer Helpers want to help.

If a Seeker is in need of support with a one-off task like cleaning, gardening, or a handyman job etc, they simply post the task they need assistance with, and Helpers volunteer to help. It's that easy.

[helpmewithit.org.au](http://helpmewithit.org.au)



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# Help Me With It is a new easy way to get help, or to help out.

## Seekers.

It's ok to ask for help.

- Receive help when you really need it
- Reduce stress
- Increase your independence

## Helpers.

Doing is better than donating.

- Make an impact even if you volunteer only once
- Experience flexible and varied volunteering opportunities
- Connect with the community

Here are some examples of tasks Seekers have posted and Helpers have assisted with.



Cleaning

Help me vacuum my apartment as I'm recovering after a recent hospital visit.

Help me with my shopping so I can feel more confident about doing this myself.



Shopping



Handyman jobs

Help me fix a wobbly table as I don't have any family or friends close by.

Help me mow my small back yard as I'm not able to do this anymore.



Gardening



Virtual

Help me with my job application to improve my chances of getting a job.

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